

MAP TO ANXIETY & AGORAPHOBIA TREATMENT CENTER (112 Bala Avenue, Bala Cynwyd, PA)



DRIVING INSTRUCTIONS FROM I-76

Take **I-76** to the **City Ave.** (Route 1 South) Exit. If you are coming from center city Philadelphia, you will be going west on I-76. If you are coming from Valley Forge or further, you will be traveling east on I-76.

Once on City Line Avenue the center is not hard to find. Upon exiting I-76, you will pass the following landmarks on City Line Avenue before coming to Bala Avenue:

- 1) Monument Rd. — the TV stations Channel 6 and Channel 10;
- 2) Belmont Avenue — a Chili's restaurant on your right, behind the restaurant is a shopping center with a Lord & Taylors in it;
- 3) Route 23, also called Conshohocken State Rd — at this stoplight, there will be a gas station on your right. In front of you is a small bridge going over train tracks and the Bala Ave. train station;

The next stop light is **Bala Avenue.** Turn right on to Bala Avenue (there is no left turn). If you pass Dunkin' Donuts or McDonald's, you missed Bala Avenue

The first stoplight you will come to is Union Avenue.

One block past Union Avenue is the **Anxiety and Agoraphobia Treatment Center** on your left. It is a white building, our name is on it as well as our logo, a bird in a triangle. Turn left into our parking lot and enter the building from the right side and you will be in our waiting room